

# HUMILITY



**PASTOR:**  
**Dr. Audrey “Joy” Sadaphal**

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**CONDITIONS  
FOR  
HUMILITY**

**1.**

**SEEK TO KNOW YOURSELF**

2.

**REMEMBER YOUR FRAILITY**

**3.**

**OFFER YOURSELF AS  
A BURNT OFFERING**

4.

**HUMILITY PRODUCES  
CONTEMPT FOR SELF**

**5.**

**HUMILITY GIVES YOU THE  
POWER NOT TO  
SPEAK OF YOURSELF**